

Name: _____

Date Completed: ____/____/____

ACROMEGALY SYMPTOM DIARY (ASD)

For each of the following questions, please choose the one answer that best describes your experiences during the past 24 hours.

1. How would you rate any pain due to headache during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No head pain											Worst possible head pain

2. How would you rate any pain in your joints during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No joint pain											Worst possible joint pain

3. How would you rate your sweating during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No sweating											Worst possible sweating

4. How would you rate your fatigue during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No fatigue											Worst possible fatigue

5. How would you rate any weakness in your legs during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No weakness											Worst possible weakness

6. How would you rate any swelling during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No swelling											Worst possible swelling

7. How would you rate any numbness or tingling you felt during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No numbness or tingling											Worst possible numbness or tingling

8. How would you rate any difficulty you had sleeping last night?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No difficulty											Worst possible difficulty

9. How would you rate any difficulty with your short-term memory during the past 24 hours?

<input type="checkbox"/>											
0	1	2	3	4	5	6	7	8	9	10	
No difficulty											Worst possible difficulty

Total score (sum of questions 1-7) _____/70

The Acromegaly Symptom Diary (ASD) is a new, daily diary to assess important symptoms of acromegaly from the patient perspective.

When it was developed, there were no other patient-reported outcome (PRO) tools to study the symptoms of acromegaly.

Development of the ASD

How do we know the ASD measures the symptoms that are important to patients?

Crinetics followed specific Food and Drug Administration (FDA) guidance on creating PRO tools including:



Reviewed literature for published patient descriptions of symptoms to ensure they are similar to those included in the ASD.



Analyzed clinical trial data from previous studies which showed that the symptoms included in the ASD are important to patients.



Conducted specialized research interviews to ask patients about the symptoms that matter most and the language that best described them.

THE ASD ASKS QUESTIONS ABOUT 7 SYMPTOMS



Headache Pain



Joint Pain



Sweating



Fatigue



Weakness in Legs



Swelling



Numbness or Tingling

The ASD helps study whether symptoms improve, worsen, or stabilize over time with or without different treatments.

Two additional items are included in the diary but not in the score: difficulty sleeping and difficulty with short-term memory

How to Use the ASD



Patients give each symptom a score from 0 (no symptom) to 10 (worst symptom).



Patients record the symptoms experienced in the past 24 hours

The scores for these symptoms are added to create a total score that is used to track the patients' symptoms over time.

The total score (the scores for all 7 symptoms are added) is used to track whether acromegaly symptoms are better, worse, or remaining the same (stable). The higher the score is, the worse these symptoms are.



Patients can track their symptoms over time to help them speak with their health care providers about how their symptoms are being managed.

A lower score represents some incremental improvement in symptoms.

